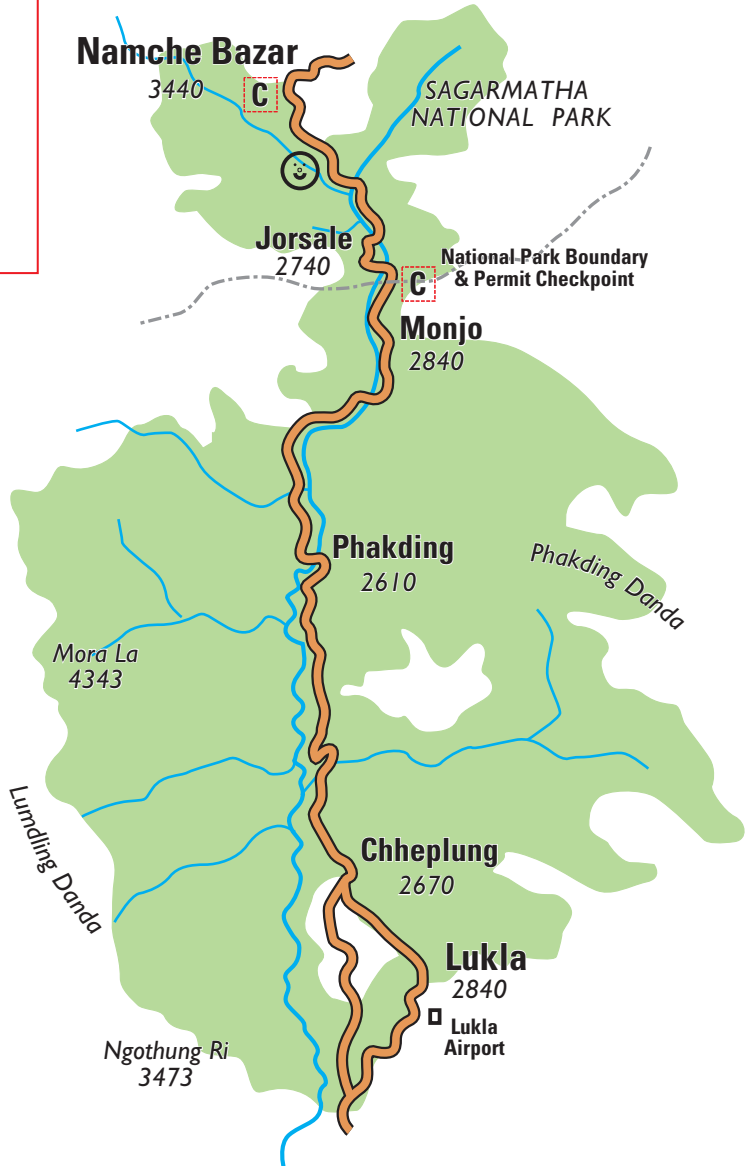


Day Two - Namche Bazar to Lukla - Total Distance 20km



LEGEND

- Mountain Trail/Track
- Woodland
- Checkpoint
- Uphill Section
- Downhill Section
- 123* Height in Metres
- Trail High Point



NOT DRAWN TO SCALE